



Current status on treatment of uterine adenosarcoma: updated literature review

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Background and Objective: Adenosarcoma is a rare subtype of uterine sarcoma, composed by a combination of a benign epithelial and a malignant, but generally low grade, mesenchymal component and it is considered the least aggressive form of its epithelial counterpart, uterine carcinosarcoma. The presence of myometrial invasion and the extent of disease outside the uterus determines the stage of disease, while the presence of sarcomatous overgrowth represents the most important histological prognostic factor, correlating with the grade of disease. Because of the extreme rarity of UAS, most available literature data arise from retrospective case series and reports, while uniform clinical guidelines are still lacking. We herein review current literature data regarding the management of this rare tumor, with emphasis on surgical and medical treatment.

Methods: A PubMed, Mendeley and Web of Science search was carried out to determine the relevant articles from 2000 to December 2020.

Key Content and Findings: Management of localized uterine adenosarcoma (UAS) is based on complete surgical removal. Cytotoxic chemotherapy with doxorubicin-based regimens, gemcitabine/docetaxel, trabectedin or platinum-based regimens remains the standard of care for the advanced stage, recurrent or metastatic adenosarcoma, although an integrated approach of surgery and medical therapy should also be considered in this setting. Hormone therapy represents a potential therapeutic option for estrogen receptor (ER) and progesterone receptor (PR) positive low grade adenosarcoma.

Conclusions: The aim of this updated literature review is to better define the multidisciplinary management of this rare neoplasm, focusing on the role of surgical and medical treatment and proposing a treatment flow sheets that could help to guide our clinical practice.

Keywords: Adenosarcoma; uterine sarcoma; surgery therapy; medical therapy

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Introduction

Uterine adenosarcoma (UAS) is a rare female genital tract malignancy accounting for 5–9% of uterine sarcomas and only about 0.2% of all uterine neoplasm (1,2).

It is considered a biphasic tumor because of the

presence of benign epithelial elements combined with a malignant mesenchymal component (3,4). Since that the latter is typically low-grade, adenosarcoma is considered lesser aggressive than its epithelial counterpart, uterine carcinosarcoma.

Unfortunately, given the extreme rarity of this subtype

Table 1 Sources used for this overview

PubMed search from 2000 to December 2020. Key words: uterine adenosarcoma review; case reports adenosarcoma; treatment uterine adenosarcoma

Mendeley search from 2000 to December 2020. Key words: uterine adenosarcoma review; case reports adenosarcoma; treatment uterine adenosarcoma

Hand searches of the references of retrieved literature

Discussions with experts in the field of reviews of the literature

of neoplasm, there are limited data in literature to help decision making in clinical practice, and the most data we have available derived from retrospective case series and shared clinical experiences.

Herein we present an updated literature review on the current management of UAS, focusing on the role of not only medical but also surgical treatment, in order to improve outcomes of patients affected by this extremely rare disease.

We present the following article in accordance with the Narrative Review reporting checklist (available at <https://gpm.amegroups.com/article/view/10.21037/gpm-20-81/rc>).

Methods

Information used to write this paper was collected from the sources listed in *Table 1*.

Discussion

Clinical features

Adenosarcoma mostly involves uterus, but it can arise from other tissue such as ovaries, cervix, vagina, fallopian tubes, and pelvis particularly in a context of endometriosis (5-9). More rarely adenosarcoma can also involve extrapelvic sites (10-18).

Although it has been initially described as an advanced age tumor, the pick of incidence is around the fifth and sixth decades, with no significant difference in ethnicity (1,19,20).

Among the risk factors, endometriosis seems to play an important role, although a certain connection is not yet established. In a group of 1,000 patients with proved endometriosis, a cancer incidence of 5.5%, particularly endometroid carcinoma, but also clear cell carcinoma and adenosarcoma have been reported (21). A molecular

mechanism leading to this malignant transformation is not completely understood. A repeated DNA damage from oxidative stress caused by menstruation, and consequential iron overload could be involved (22).

Previous pelvic irradiation and treatment with tamoxifen or other estrogen-modulating agents, maybe due to endometrial partial estrogen agonist effect, may represent an additional risk factor of adenosarcoma (23-33).

Since that UAS usually present as a polypoid mass within the uterine cavity, the most common clinical presentation is an abnormal uterine bleeding, observed in about 65–76% (3,23,34).

Other symptoms are pelvic pain or pelvic mass, vaginal discharge, abdominal discomfort and distention, especially for ovarian adenosarcoma, that can reach large size, even up to 50 cm (35).

According to 2009 FIGO staging, which represents the current staging system for adenosarcoma, the presence of myometrial invasion as well as the extent of disease outside the uterus determine the stage of disease (36).

The incidence of local and distant recurrences over a period of about 10 years varies from 14.3% to 45% and it is higher in patients with the presence of sarcomatous overgrowth (23,37).

It generally recurs locally, such as for ovarian adenosarcoma, but also with distant metastases (especially lung and liver).

The 5-year overall survival (OS) is about 50–60% for patients with adenosarcoma with myometrial invasion or/and sarcomatous overgrowth compared to 70–80% for patients with early stage adenosarcoma (4).

Pathologic and molecular features

Microscopically, adenosarcoma is represented by a benign glandular epithelial component and a malignant mesenchymal component, characterized by spindled cells surrounding glands in the form of peri-glandular cuffs characterized by cellular atypia and high mitotic activity (2,38).

A mitotic rate (at least 2 per 10 high-power fields) is necessary to make the diagnosis of adenosarcoma according to the WHO criteria. Ki67 index is usually under 5%, increasing to 20% in peri-glandular cuffs.

Necrosis, myometrial and lymphovascular invasion have been observed in 35%, 16–74% and 9–16% cases respectively (37).

The presence of a sarcomatous overgrowth, intended as

more than 25% of the tumor composed of pure sarcoma, is the most important histological prognostic factors in adenosarcoma and it is directly related to the grade of disease (3,23,39).

Even if not pathognomonic, the most common immunohistochemical staining in adenosarcoma are CD10 (7–100%) and WT1 (79%) similar to endometrial stromal tumors. Additional markers could be vimentin (86%), smooth muscle actin (50–68%), desmin (32–62.5%), CD34 (35%), calretinin (12%) and AE1/3 cytokeratin (25–27%); more rarely focal positivity for inhibin and c-kit have been observed (40).

The epithelial component usually presents a positive staining for cytokeratins, EMA, estrogen receptor (ER) and progesterone receptor (PR).

Generally, the immunohistochemical staining for ER and PR varies from 15% to 95% and the loss of ER and PR expression has been associated with sarcomatous overgrowth (40). However, prognostic value of ER and PR expression in UAS has still to be defined.

The overexpression of PDGFR- α and expression of β -catenin have been found in most of adenosarcoma (7,41).

Few studies on molecular biology of adenosarcomas are available. Currently no differences in mutational profile between adenosarcoma with or without overgrowth have been described, even if the cases with sarcomatous overgrowth presented an higher copy number variations (42,43).

MDM2 and *CDK4* genes amplification as well as alterations in the PIK3CA/AKT/PTEN pathway have been commonly observed. TP53 mutation, even if rare, are often related to sarcomatous overgrowth and consequently associated with aggressive clinical behavior (43).

Treatment

Surgery

The standard of care for localized UAS is total hysterectomy (2,38,44). Local excision could be reserved in case of desire of fertility preservation in very selected reproductive-age women without myometrial invasion and without sarcomatous overgrowth tumors (45).

Because of the incidence of the local tumor spread to the adnexa and ovaries (17% and 8% respectively), as well as the known frequent expression of ER and PR, bilateral salpingo-oophorectomy (BSO) is strongly recommended (3,46,47).

There is no evidence in favor of lymphadenectomy

in addition to hysterectomy, since that the incidence of lymph node metastases in adenosarcoma is around 2.9% and the impact of lymphadenectomy upon survival is still unclear (48).

About surgery and HIPEC only two cases have been reported in literature, showing little benefit as a salvage therapy (49).

Long-term follow-up of the patients is recommended giving the risk of late recurrence over a period of about 10 years.

Adjuvant radiation therapy

Although the National Comprehensive Cancer Network (NCCN) uterine cancer guidelines recommend adjuvant radiation in patients with stage II to IVa high-grade endometrial stromal sarcoma, there are no data about the efficacy of radiation therapy in UAS (46).

Neo/adjuvant chemotherapy

The role of neoadjuvant and adjuvant chemotherapy in this disease is still controversial. Given the rarity, adenosarcoma cases have been often included in trials with other uterine mesenchymal malignancies, therefore clinical trials on adjuvant treatment for adenosarcoma only lack.

Currently, the benefit of adjuvant chemotherapy on progression-free survival for adenosarcoma is only documented in some case reports using different regimens (3,50–62) (Table 2).

Although adjuvant therapy is generally not recommended, it could be considered in patients with high risk of recurrence, due to presence of myometrial invasion or/and sarcomatous overgrowth, by a shared decision-making process. Conversely, for patients at low risk of disease relapse, the strategy of choice should be observation alone (63).

Hormonal therapy

The ER/PR positivity could be used as predictive biomarkers for response to hormonal therapy, but currently, the evidence is limited to only case and series reports both in adjuvant and the recurrent/metastatic setting. In the latter, responses between 10 months to 7 years have been reported (3,64–67).

Given the generally lack of ER and PR expression in the most of high-grade/sarcomatous overgrowth disease, hormonal therapy should be considered only in low grade ER/PR positive adenosarcoma without sarcomatous overgrowth (68).

Table 2 Adjuvant chemotherapy for uterine adenosarcoma

Authors	Regimen	No. of patient	Sarcomatous overgrowth	Recurrence	Last reported status
Carrol <i>et al.</i> (3)	Adj Dox/Ifo	2	Yes	Yes	DOD
	Adj Dox/Ifo	1	NR	No	Alive
	Adj Cis	1	No	Yes	NED
	Adj Liposomal dox	1	NR	No	Alive
	Adj Gem/Doc	1	NR	No	Alive
	Adj Vin/actin/Cyclo	1	NR	No	Alive
Bernard <i>et al.</i> (50)	Adj Dox/Cis	1	Yes	No	Alive
	Adj Ifo/Cis	1	Yes	Yes	DOD
	Adj VAC-IE	1	Yes	No	Alive
	Neo Dox/Cis	1	Yes	No	Alive
de Jonge <i>et al.</i> (51)	Adj Dox/Ifo	1	Yes	Yes	NED 57 months
	Adj Ifo/Cis/Eto	1			
Dincer <i>et al.</i> (52)	Adj Anthracycline	1	Yes	NA	PD
Murugasu <i>et al.</i> (53)	Adj Dox/Ifo/Carbo	1	No	No	NED 2 years
Odunsi <i>et al.</i> (54)	Adj CyVADIC	1	NR	No	NED 53 months
Huang <i>et al.</i> (55)	Adj Ifo/Cis	1	Yes	Yes	NED 18 months
Guidozzi <i>et al.</i> (56)	Neo Epi/Carbo	1	NR	No	NED 52 months
	Neo Epi/Carbo	1	NR	No	NED 56 months
	Adj Epi/Carbo	1	NR	No	NED 34 months
Liu <i>et al.</i> (57)	Adj Gem/Doc	1	Yes	No	NED
Shahidsales <i>et al.</i> (58)	Adj Ifo/Dox	1	Yes	No	NED 12 months
Nannini <i>et al.</i> (59)	Adj Dox	1	Yes	Yes	NED
Wang <i>et al.</i> (60)	Adj Ifo/liposomal dox	1	Yes	No	NED
Yuan <i>et al.</i> (61)	Adj Cis/Epi/Ifo, Cis/Epi, 12 Cis/Ifo, Gem/Doc		NR	NR	NED
Omi <i>et al.</i> (62)	Adj Cis/Epi/Ifo	1	NR	Yes	DOD
	Adj 5FU	2	NR	NR	DOD
	Adj Cis/Ifo/doxo	1	NR	NR	DOA

Adj, adjuvant; Neo, neoadjuvant; NR, not reported; NA, not applicable, DOD, dead of disease, DOA, dead of other; NED, no evidence of disease; Dox, doxorubicin; Ifo, ifosfamide; Epi, epirubicin; Cis cisplatin; Carbo, carboplatin; Gem gemcitabine; Doc, docetaxel; Cyclo, cyclophosphamide-ifosfamide/etoposide; Eto, etoposide; Pac, paclitaxel; Vin, vincristine; VAC-IE, vincristine/doxorubicin/cyclophosphamide-ifosfamide/etoposide; CyVADIC, cyclophosphamide/vincristine/doxorubicin/dacarbazine.

The most used agents include synthetic progesterones (megestrol acetate, medroxyprogesterone, dienogest), GnRH agonists (leuprolide), aromatase inhibitors (anastrozole, letrozole) and SERMs (tamoxifen, raloxifen).

Nathenson *et al.* described a stable disease and an improved survival for 4 patients treated with GnRh agonist and aromatase inhibitors for 2 to 15 years but these data are insufficient to determine the benefit of hormonal therapy in a larger population (69).

Treatment for advanced or metastatic disease

In the most cases adenosarcoma tends to recur locally, within the pelvis and abdominal cavity. Two larger case series showed a local recurrence in 22% of 74 patients to 42% in 100 patients respectively (3,23). Distant metastases, mainly localized in the lung and liver, but also involving bone, kidney, spleen and more rarely the brain, are less common.

Although there is no a standard approach for recurrent/metastatic disease, the management of advanced/metastatic adenosarcoma is generally medical (chemotherapy and hormonal therapy), even if surgery could be an option when feasible in selected cases. Radiation has a role of palliation in symptomatic cases.

The role of secondary surgery has been supported by two case series: a median OS of 58.4 *vs.* 30.1 months (HR 0.68), in the 62% of 32 recurrent patients underwent surgical cytoreduction have been shown (3); moreover, an increased time to second recurrence for patients who undergo a second surgery (29.7 *vs.* 12.7 months) have been reported in a second series (47).

Therefore, in case of isolated local recurrence, surgical resection could be recommended.

Regarding chemotherapy, in case of locally or distant recurrences, case reports and case series described responses with the use of doxorubicin-based regimens (47,55,70-73), gemcitabine/docetaxel (34,47) and trabectedin (74), which generally are the standard treatments for uterine sarcomas (Table 3).

Nathenson *et al.* showed, in a large retrospective report about the use of systemic chemotherapy in recurrent UAS, a longer PFS (15.4 months) in patients treated with the association of doxorubicin and ifosfamide compared to doxorubicin alone or other regimens (69).

Doxorubicin/ifosfamide seems to have advantages also to reduce tumor size prior to surgery of recurrent disease. Whereas gemcitabine/docetaxel should be used in older patient or patient with comorbidities.

For rapid progression on previous anthracycline or gem/docetaxel regimens, Schroeder *et al.* published positive results about prolonged clinical benefit of three patients with relapsed UAS treated with trabectedin (74).

There are no prospective comparison studies about the efficacy and response of these regimens but there could be a benefit in OS by a sequential and integrated approach (surgery, hormonal therapy or further chemotherapy). Indeed, Nannini *et al.* reported a case report of a patient with advanced adenosarcoma at the time of diagnosis, treated with emergency simple hysterectomy, followed by chemotherapy with epirubicin/ifosfamide and, after an early radiologic response with marked shrinkage, underwent radical surgery with a complete response (59).

Conclusions

Adenosarcoma is a rare form of uterine sarcoma composed from a dual component (benign epithelial and malignant mesenchymal) mainly involving uterus but also other pelvic or peritoneal tissues.

Given the extreme rarity of this neoplasm, in clinical practice the management of adenosarcoma is still based on limited data and shared experiences of single centers data (Figures 1,2).

Additional data are needed to better understand the molecular background and clinical behaviors of this rare disease and improve patient outcomes with more tailored medical treatments.

Table 3 Chemotherapy for recurrent/advanced uterine adenocarcinoma

Authors	Regimen	Schedule	No. of patient	Response
Carrol <i>et al.</i> (3)	Dox/Ifo	–	3	2 PR, 1 PD
	Dox/Carbo (+surgery)	–	1	1 CR
	Gem/Doc	–	2	1 PR, 1 CR
	Dox/Dac	–	2	2 PR
	Dox	–	2	2 PD
	Liposomal dox	–	1	1 PD
	Carbo/Pac (+surgery)	–	2	1 CR, 1 PD
	Vin/Dox/Ifo	–	1	1 CR
	CyADIC (+surgery)	–	1	1 CR
	CyVADIC (+surgery)	–	1	1 CR
Verschraegen <i>et al.</i> (34)	Gem/Doc/Beva	1,500 mg/m ² Q2 weeks; 50 mg/m ² Q2 weeks; 5 mg/kg Q2 weeks	1	1 PR
Tanner <i>et al.</i> (47)	Dox	–	1	1 PD
	Dox/Ifo	–	3	2 PR, 1 PD
	Dox/Ifo/Cis	–	1	1 PR
	Ifo/Pac	–	2	1 SD, 1 PD
	Carbo/Pac	–	1	1 SD
	Gem/Doc	–	2	1 PR, 1 PD
	Ifo	–	1	1 PR
Bernard <i>et al.</i> (50)	Dox/Ifo	–	1	NR
	Carbo/Dox	–	1	NR
	Carbo/liposomal dox	–	1	NR
	Carbo/Pac	–	1	NR
	Cis/Bleo	–	1	NR
	Dox/Cis/Cyclo	–	1	NR
Huang <i>et al.</i> (55)	Liposomal dox	40 mg/m ² Q4 weeks	1	1 CR
Nannini <i>et al.</i> (59)	Epi/Ifo	60 mg/m ² d1, 2/800 mg/m ² d1–5	1	PR
Yamagami <i>et al.</i> (70)	Dox/Ifo/Cis	50 mg/m ² Dox Q3 weeks; 50 mg/m ² Cis Q3 weeks; 7.5 g/m ² Ifos Q3 weeks	3	1 PR, 2 SD
del Carmen <i>et al.</i> (71)	Liposomal dox	40 mg/m ² Q4 weeks	1	1 PR
Maeda <i>et al.</i> (72)	Liposomal dox	40 mg/m ² Q4 weeks	1	1 CR
Roman <i>et al.</i> (73)	Dox/Ifo/Cis	40 mg/m ² Q4 weeks; 4.5 g/m ² Q4 weeks; 100 mg/m ²	1	1 PR
Schroeder <i>et al.</i> (74)	Trabe	1.5 mg/m ² Q3 weeks	3	2 PR, 1 PD

Dox, doxorubin; Ifo, ifosfamide; Cis, cisplatin; Carbo, carboplatin; Gem, gemcitabine; Doc, docetaxel; Cyclo, cyclophosphamide-ifosfamide/etoposide; Eto, etoposide; Pac, paclitaxel; Vin, vincristine; CyVADIC, cyclophosphamide/vincristine/doxorubicin/dacarbazine; Beva, bevacizumab; Trabe, trabectedin; Bleo, bleomycin; PR, partial response; SD, stable disease; CR, complete response; PD, progressive disease; NR, not reported.

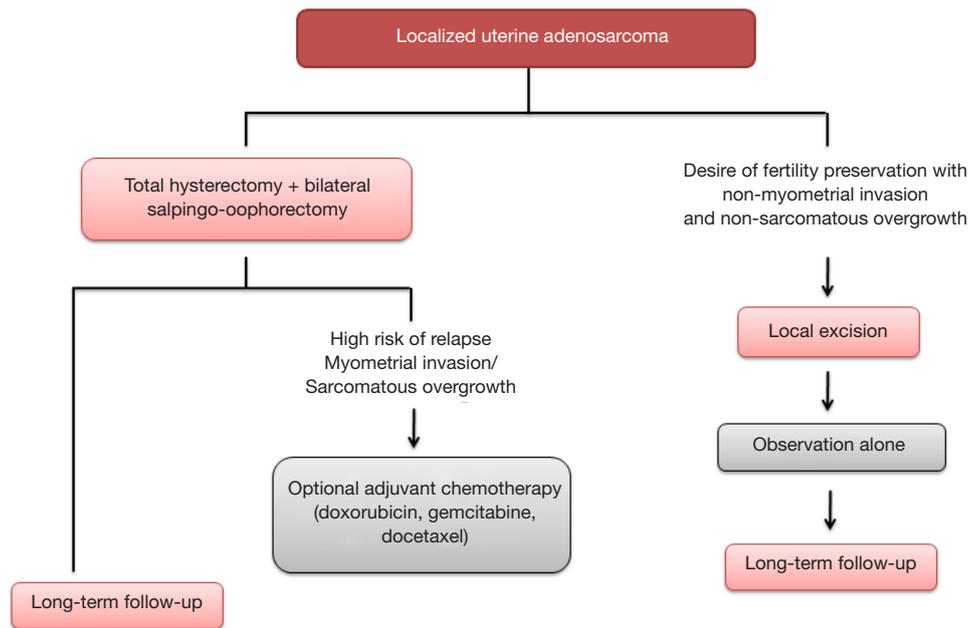


Figure 1 Treatment flow-chart in localized uterine adenosarcoma.

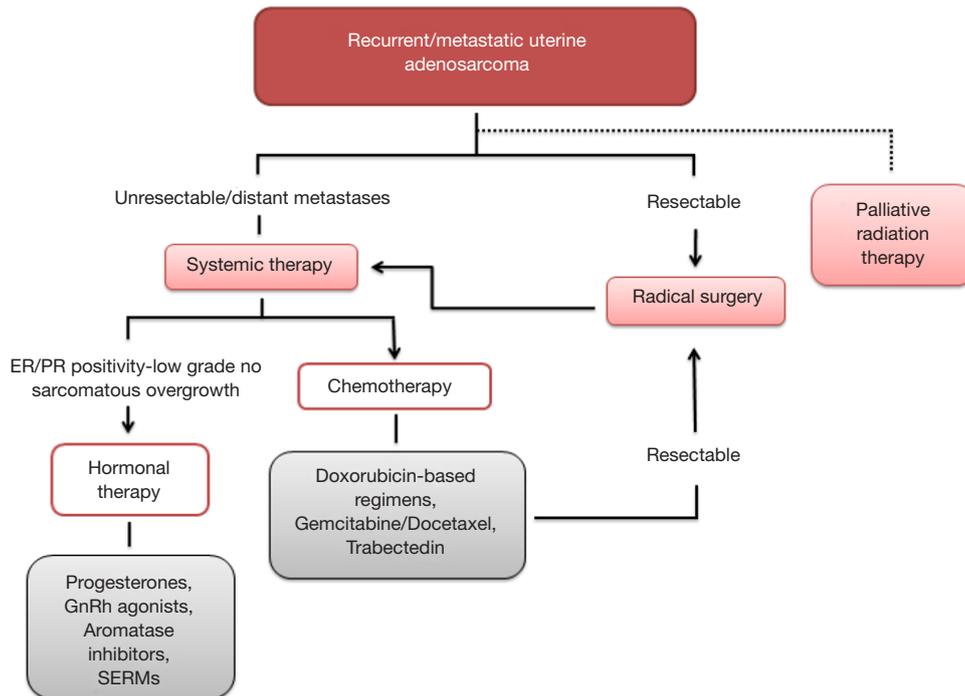


Figure 2 Treatment flow-chart in recurrent/metastatic uterine adenosarcoma.

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